

<u>Exploratory</u>	<u>Core</u>	<u>Advanced</u>
<p>Course Description: Through the achievement of the competencies listed below, the student will develop basic knowledge and skills necessary to improve their health and wellness. Topics addressed include nutrition, eating habits, wellness, safety and sanitation, and preparation and serving of foods. Additional SD FACS competencies may be used to expand the focus of this level. Project based instruction may also be used to enhance the curriculum.</p>	<p>Course Description: Through the achievement of the competencies listed below, the student will develop the knowledge and skills necessary to make healthy food choices as well as practice safe sanitation, storage, and preparation techniques. Topics addressed include nutrition and wellness, using technology in evaluating food choices and information gathering, societal influences on food choices. Additional SD FACS competencies and project based instruction should be used to enhance the curriculum.</p>	<p>Course Description: This level meets all of the competencies addressed in the SD FACS Nutrition and Wellness standards. Through the mastery of these competencies, the student will develop the knowledge and skills necessary in making healthy food choices and planning and implementing a life wellness plan. Topics addressed include: global and cultural influences on food choices, critiquing nutrition information, global effects on food supply and demand, technological advancements and their influences on the nutritional value of food. Additional SD FACS competencies and project based instruction are used to enhance the curriculum.</p>
<p><u>SCANS Skills</u> <u>Basic Skills:</u> Reading, Writing, Arithmetic/Mathematics, Listening, Speaking <u>Thinking Skills:</u> Decision Making, Problem Solving <u>Personal Qualities:</u> Responsibility, Self-Management <u>Resources:</u> Time, Money <u>Interpersonal:</u> Participates as a member of a Team, Works with Diversity <u>Information:</u> Acquires and Evaluates Information, Organizes and Maintains Information, Uses Computers to Interpret Information</p>	<p><u>SCANS Skills</u> <u>Basic Skills:</u> Reading, Writing, Arithmetic/Mathematics, Listening, Speaking; <u>Thinking Skills:</u> Decision Making, Problem Solving, <u>Personal Qualities:</u> Responsibility, Self-Management, <u>Resources:</u> Time, Money <u>Interpersonal:</u> Participates as a Member of Team, Teaches others New Skills, Works with Diversity <u>Information:</u> Acquires and Evaluates Information, Organizes and Maintains Information, Interprets and Communicates Information, Uses Computers to Process Information; <u>Technology:</u> Selects Technology</p>	<p><u>SCANS Skills</u> <u>Basic Skills:</u> Reading, Writing, Arithmetic/Mathematics, Listening, Speaking; <u>Thinking Skills:</u> Creative Thinking, Decision Making, Problem Solving <u>Personal Qualities:</u> Responsibility, Self-Management, <u>Resources:</u> Time, Money, Material and Facilities, <u>Interpersonal:</u> Participates as Member of a Team, Teaches Others New Skills, Serves Clients/Customers, Works with Diversity; <u>Information:</u> Acquires and Evaluates Information, Organizes and Maintains Information, Interprets and Communicates Information, Uses Computers to Process Information; <u>Technology:</u> Selects Technology</p>